

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: ENLN

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Evrard Marc HEADCOACH

Coaches: Brusten Arthur

Coaches: Rondeau Lola

Coaches: Bertrand Amaury

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:4, starttime: 08:40
Heat: 4/16 Lane : 1 Athlete: MICHELS JULIE					Q-time: 02:42:06
PB (50m pool): 02:42.06 Charleroi 24/05/2026					PB (25m pool): 02:50.10 SB: 02:42.06 Charleroi 24/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.11	01:18.02	02:06.09	02:42.06	
	00:35.11	00:42.91	00:48.07	00:35.97	
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:13, starttime: 09:08
Heat: 13/16 Lane : 1 Athlete: PAVAN NAHLA					Q-time: 02:33:51
PB (50m pool): 02:33.51 Antwerpen 17/05/2026					PB (25m pool): 02:30.36 SB: 02:33.51 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.75	01:11.98	01:58.00	02:33.51	
	00:31.75	00:40.23	00:46.02	00:35.51	
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:13, starttime: 09:08
Heat: 13/16 Lane : 5 Athlete: PUGENGER MARINE					Q-time: 02:31:81
PB (50m pool): 02:38.76 Charleroi 14/05/2023					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:38.76	
	no time				
					

Coach feedback:

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: ENLN

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:16, starttime: 09:17
Heat: 16/16 Lane : 4 Athlete: VACHAUDEZ ELLA					Q-time: 02:21:88
PB (50m pool): 02:21.88 Antwerpen 22/03/2026					PB (25m pool): 02:19.86 SB: 02:21.88 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.59	01:07.27	01:48.81	02:21.88	
	00:30.59	00:36.68	00:41.54	00:33.07	
					

Coach feedback:

Event number: 35: 200M BREASTSTROKE MEN 15+					Heat:2, starttime: 09:24
Heat: 2/7 Lane : 5 Athlete: MURER THIMEO					Q-time: 02:41:34
PB (50m pool): 02:41.34 Charleroi 24/05/2026					PB (25m pool): 02:46.42 SB: 02:41.34 Charleroi 24/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.55	01:16.03	01:59.11	02:41.34	
	00:35.55	00:40.48	00:43.08	00:42.23	
					

Coach feedback:

Event number: 35: 200M BREASTSTROKE MEN 15+					Heat:6, starttime: 09:37
Heat: 6/7 Lane : 1 Athlete: FALZONE RAPHAËL					Q-time: 02:32:52
PB (50m pool): 02:32.52 Antwerpen 17/05/2026					PB (25m pool): 02:29.72 SB: 02:32.52 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.12	01:14.35	01:53.40	02:32.52	
	00:35.12	00:39.23	00:39.05	00:39.12	
					

Coach feedback:

Event number: 35: 200M BREASTSTROKE MEN 15+					Heat:6, starttime: 09:37
Heat: 6/7 Lane : 3 Athlete: BIAD MALIK					Q-time: 02:28:41
PB (50m pool): 02:28.90 La Louvière 07/06/2026					PB (25m pool): no time SB: 02:28.90 La Louvière 07/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.72	01:12.85	01:50.30	02:28.90	
	00:34.72	00:38.13	00:37.45	00:38.60	
					

Coach feedback:

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: ENLN

Event number: 36: 100M FREESTYLE WOMEN 15+				Heat:11, starttime: 09:59	
Heat: 11/12 Lane : 7 Athlete: HANNOTEAU ISALYNE				Q-time: 00:59:33	
PB (50m pool): 00:59.33 Antwerpen 22/03/2026				PB (25m pool): 00:57.75 SB: 00:59.33 Antwerpen 22/03/2026	
	5 0 M	1 0 0 M			
PB	00:28.58	00:59.33			
	00:28.58	00:30.75			
					

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 15+				Heat:12, starttime: 10:00	
Heat: 12/12 Lane : 4 Athlete: DUREZ LAURE				Q-time: 00:56:30	
PB (50m pool): 00:56.30 Antwerpen 17/05/2026				PB (25m pool): 00:55.12 SB: 00:56.30 Antwerpen 17/05/2026	
	5 0 M	1 0 0 M			
PB	00:27.27	00:56.30			
	00:27.27	00:29.03			
					

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+				Heat:6, starttime: 10:13	
Heat: 6/13 Lane : 8 Athlete: SYLVIO SACHA				Q-time: 01:05:40	
PB (50m pool): 01:05.83 Charleroi 24/05/2026				PB (25m pool): 01:04.73 SB: 01:05.83 Charleroi 24/05/2026	
	5 0 M	1 0 0 M			
PB	00:31.42	01:05.83			
	00:31.42	00:34.41			
					

Coach feedback:

Event number: 38: 200M BACKSTROKE WOMEN 15+				Heat:11, starttime: 11:05	
Heat: 11/11 Lane : 3 Athlete: VACHAUDEZ ELLA				Q-time: 02:23:37	
PB (50m pool): 02:23.27 Antwerpen 28/07/2024				PB (25m pool): 02:17.41 SB: 02:26.12 Antwerpen 22/03/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:23.27	
	no time				
					

Coach feedback:

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: ENLN

Event number: 39: 200M FREESTYLE MEN 15+					Heat:6, starttime: 11:22
Heat: 6/19 Lane : 2 Athlete: SYLVIO SACHA					Q-time: 02:08:72
PB (50m pool): 02:08.72 Antwerpen 27/07/2025					PB (25m pool): 02:09.14 SB: 02:08.80 La Louvière 07/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.26	01:02.09	01:35.44	02:08.72	
	00:29.26	00:32.83	00:33.35	00:33.28	
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:13, starttime: 11:41
Heat: 13/19 Lane : 5 Athlete: CABO ESTEBAN					Q-time: 02:03:83
PB (50m pool): 02:03.83 Antwerpen 27/07/2025					PB (25m pool): 02:00.58 SB: 02:05.81 La Louvière 07/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.37	01:00.32	01:32.27	02:03.83	
	00:28.37	00:31.95	00:31.95	00:31.56	
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:16, starttime: 11:48
Heat: 16/19 Lane : 4 Athlete: DUREZ OLIVER					Q-time: 02:00:38
PB (50m pool): 02:00.38 La Louvière 07/06/2026					PB (25m pool): 02:00.58 SB: 02:00.38 La Louvière 07/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:27.96	00:58.70	01:29.83	02:00.38	
	00:27.96	00:30.74	00:31.13	00:30.55	
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:18, starttime: 11:53
Heat: 18/19 Lane : 3 Athlete: PETRE OLIVIER					Q-time: 01:55:98
PB (50m pool): 01:55.98 Antwerpen 27/07/2025					PB (25m pool): 01:53.66 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:26.74	00:55.44	01:25.23	01:55.98	
	00:26.74	00:28.70	00:29.79	00:30.75	
					

Coach feedback:

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: ENLN

Event number: 39: 200M FREESTYLE MEN 15+					Heat:19, starttime: 11:56
Heat: 19/19 Lane : 6 Athlete: DUFOND NATHAN					Q-time: 01:57:65
PB (50m pool): 01:57.65 Antwerpen 17/05/2026			PB (25m pool): 01:53.66 SB: 01:57.65 Antwerpen 17/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:26.83	00:57.27	01:27.40	01:57.65	
	00:26.83	00:30.44	00:30.13	00:30.25	
					

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+					Heat:4, starttime: 12:02
Heat: 4/12 Lane : 7 Athlete: MICHELS JULIE					Q-time: 00:37:33
PB (50m pool): 00:37.33 Charleroi 24/05/2026			PB (25m pool): 00:38.62 SB: 00:37.33 Charleroi 24/05/2026		
	5 0 M				
PB	00:37.33				
	00:37.33				
					

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+					Heat:9, starttime: 12:08
Heat: 9/12 Lane : 7 Athlete: PUGENGER MARINE					Q-time: 00:35:54
PB (50m pool): 00:36.10 Charleroi 15/02/2026			PB (25m pool): 00:34.39 SB: 00:36.10 Charleroi 15/02/2026		
	5 0 M				
PB	00:36.10				
	00:36.10				
					

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+					Heat:2, starttime: 12:14
Heat: 2/24 Lane : 2 Athlete: GLORIEUX SIMÉO					Q-time: 00:29:79
PB (50m pool): 00:29.79 Charleroi 24/05/2026			PB (25m pool): 00:30.40 SB: 00:29.79 Charleroi 24/05/2026		
	5 0 M				
PB	00:29.79				
	00:29.79				
					

Coach feedback:

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: ENLN

Event number: 41: 50M BUTTERFLY MEN 15+		Heat:17, starttime: 12:28
Heat: 17/24 Lane : 2 Athlete: DUFOND NATHAN		Q-time: 00:27:33
PB (50m pool): 00:27.51 Antwerpen 27/07/2025		PB (25m pool): 00:26.38 SB: no time
	5 0 M	
PB	00:27.51	
	00:27.51	
		

Coach feedback:

Event number: 42: 100M BUTTERFLY WOMEN 15+		Heat:6, starttime: 12:45
Heat: 6/9 Lane : 4 Athlete: PAVAN NAHLA		Q-time: 01:07:13
PB (50m pool): 01:06.20 Antwerpen 28/07/2024		PB (25m pool): 01:06.19 SB: 01:07.13 Antwerpen 17/05/2026
	5 0 M	1 0 0 M
PB	no time	01:06.20
	no time	
		

Coach feedback:

Event number: 42: 100M BUTTERFLY WOMEN 15+		Heat:7, starttime: 12:46
Heat: 7/9 Lane : 2 Athlete: HANNOTEAU ISALYNE		Q-time: 01:04:92
PB (50m pool): 01:04.92 Antwerpen 22/03/2026		PB (25m pool): no time SB: 01:04.92 Antwerpen 22/03/2026
	5 0 M	1 0 0 M
PB	00:29.93	01:04.92
	00:29.93	00:34.99
		

Coach feedback:

Event number: 42: 100M BUTTERFLY WOMEN 15+		Heat:9, starttime: 12:50
Heat: 9/9 Lane : 2 Athlete: DUREZ LAURE		Q-time: 01:04:80
PB (50m pool): 01:08.00 Charleroi 05/02/2023		PB (25m pool): 01:07.82 SB: no time
	5 0 M	1 0 0 M
PB	no time	01:08.00
	no time	
		

Coach feedback:

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: ENLN

Event number: 42: 100M BUTTERFLY WOMEN 15+				Heat:9, starttime: 12:50			
Heat: 9/9 Lane : 6 Athlete: VACHAUDEZ ELLA				Q-time: 01:04:40			
PB (50m pool): 01:04.90 La Louvière 25/05/2025				PB (25m pool): 01:03.10 SB: 01:05.59 Charleroi 15/02/2026			
	5 0 M	1 0 0 M					
PB	00:30.79	01:04.90					
	00:30.79	00:34.11					
							

Coach feedback:

Event number: 43: 800M FREESTYLE MEN 15-16							Heat:2, starttime: 13:02	
Heat: 2/2 Lane : 3 Athlete: DUREZ OLIVER							Q-time: 08:57:23	
PB (50m pool): 08:57.23 La Louvière 08/02/2026			PB (25m pool): 08:53.68SB: 08:57.23 La Louvière 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:29.22	01:01.57	01:34.56	02:07.95	02:41.49	03:15.37	03:49.63	04:23.83
	00:29.22	00:32.35	00:32.99	00:33.39	00:33.54	00:33.88	00:34.26	00:34.20
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	04:58.28	05:32.51	06:06.85	06:41.18	07:15.46	07:49.75	08:24.19	08:57.23
	00:34.45	00:34.23	00:34.34	00:34.33	00:34.28	00:34.29	00:34.44	00:33.04
								

Coach feedback: